

Post Graduate Diploma in Guidance & Counselling 1st Semester Examination – 2019-20
INTRODUCTION TO GUIDANCE & COUNSELLING
First Paper (PGDGC-101)

ASSIGNMENT

(To be submitted by 9th November, 2019)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 2×10=20
- a) What is RCI?
 - b) Define Guidance.
 - c) What is Ice-breaking?
 - d) Importance of Listening skills?
 - e) Define Probing skill.
 - f) Importance of Empathy in Counselling?
 - g) Importance of e-Counselling?
 - h) Mention the Differences between Intra-personal & Inter-personal Counselling?
 - i) What is the role of Career Hub?
 - j) Explain Career talk.
 - k) Concept of Family Counselling?
 - l) Importance of Trauma Counselling?
2. Answer **any Six** Questions from the following : 10×6=60
- a) What is the difference between Counselling and Guidance? 10
 - a) Concept of Eclectic Counselling? 10
 - b) Explain the Prime Technique of Counselling. 10
 - c) Describe Marital Counselling? 10
 - d) Explain Human rights & Child rights. 5+5
 - e) Describe the importance of School Guidance Services? 10
 - f) Explain ethical issues in Counselling? 10
 - g) Explain the Concept and importance of Self-help Group. 3+7
 - h) Importance of Child Guidance Clinic. 10
 - i) Explain Tele-Counselling in areas of rehabilitation. 10
3. Answer **any one** Question from the following: 20×1=20
- a) What is the role of National Institutes of Handicapped? 20
 - b) How do you Counsel the patients suffering from Cancer and AIDS. 10+10
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Post Graduate Diploma in Guidance & Counselling 1st Semester Examination - – 2019-20
DEVELOPMENTAL & POSITIVE PSYCHOLOGY FOR COUNSELLING
Second Paper (PGDGC-102)

ASSIGNMENT

(To be submitted by 9th November, 2019)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 2×10=20
 - a) Define Sensation.
 - b) Define Psychology.
 - c) What is experimental method?
 - d) Define Anxiety.
 - e) What are the types of Memory?
 - f) Define Aggression.
 - g) What is interview technique?
 - h) Define Emotion.
 - i) What are the main characteristics of psychology?
 - j) What is Positive Psychology?
 - k) Define Happiness.
 - l) Define Ego.

 2. Answer **any Six** Questions from the following : 10×6=60
 - a) Describe with examples different attributes of sensation.
 - b) Describe with diagram the Topographical concept of Mind.
 - c) Discuss the concept of 'reciprocal determinism' after Bandura.
 - d) Delineate different causes of maladjustment.
 - e) Discuss the structural concept of personality after Freud.
 - f) What is adolescence crisis? Discuss different problems of adolescence.
 - g) Define religion and spirituality. State different variables which are related to assessment of religiousness/spirituality.
 - h) Discuss different types of Parenting.
 - i) What are the three main pillars of Positive Psychology? Mention briefly the Hedonic and Eudemonic concepts of happiness.

 3. Answer **any one** Question from the following: 20×1=20
 - a) What is Defense Mechanism? Describe some major forms of Defense Mechanism.
 - b) Discuss different stages of psycho-social development after Erikson.
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Post Graduate Diploma in Guidance & Counselling 1st Semester Examination - 2019-20
PSYCHOLOGICAL ASSESSMENT IN GUIDANCE & COUNSELLING
Third Paper (PGDGC-103)

ASSIGNMENT

(To be submitted by 9th November, 2019)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 2×10=20

- a) What is meant by assessment?
- b) What is C.R.C.?
- c) What is meant by rating scale?
- d) Why is the importance of measuring vocational interest?
- e) What is interest inventory?
- f) What is called as 'Anger'?
- g) Define 'Sociometry'.
- h) What is meant by mode of a distribution?
- i) Write two important features of A.R.C.
- j) What is meant by aptitude?
- k) What is the difference between evaluation and measurement?
- l) What is central tendency of scores?

2. Answer **any Six** Questions from the following : 10×6=60

- a) Discuss the main features and uses of C.R.C in schools.
- b) Write down the concept and main features of N.P.C.
- c) Describe the main features and types of psychological test.
- d) Discuss the goal and nature of Psychological assessment in counseling.
- e) Give an account of logistics of psychological assessment.
- f) Discuss the concept and types of validity of measurement tools.
- g) Discuss different types of interview and its limitations in using for data collection.
- h) Discuss different types of reliability of measuring tools.
- i) Discuss the detail about Kuder Occupational Interest survey.
- j) Discuss the characteristics of questionnaire as research tool.

3. Answer **any one** Question from the following: 20×1=20

- a) P, Q, R, S, T are five students are asked to name other students with whom they want to be partner in a group game as per their choice of 1st, 2nd, 3rd. Draw a sociogram with fictitious data. Also make a rank based sociometric table. Find the most favoured, least favoured student from the sociogram and sociometric table.
- b) Calculate the mean, median and mode of the following distribution and mention the uses of these measures.

Class	10-19	20-29	30-39	40-49	50-59	60-69	70-79	80-89
F	8	6	10	15	25	16	10	8
